

COST BENEFIT WORKSHEET

REMAINING THE SAME

CHANGE

Trouble with law (-3)
 Parents hassling me (-2)
 Getting into fights (-1)
 Losing friends (-2)
 Financial (-1)
 Physical (-2)
 Get my way (+2)
 Reputation (+2)

No more court (+3)
 Less arguments with parents (+2)
 People may take advantage of me (-3)
 More money (+1)
 No more therapy (+2)

Positive points to remaining
 the same 4

Negative points to
 remaining the same: 11

Positive points to change: 8

Negative points to change: 2