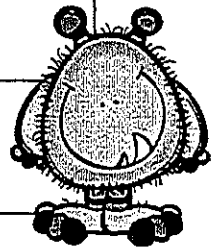


TASK:

Break up task into smaller tasks/steps:



If I get distracted, I can...

If I lose focus, I can...

If I _____, I can...
(fill in the blank)

If I _____, I can...
(fill in the blank)