

Name _____

Date _____

Circle One: Male Female

Locke-Wallace Marital Adjustment Test

Check the dot on the scale line which best describes the degree of happiness, everything considered, of your present marriage. The middle point "happy" represents the degree of happiness which most people get from marriage, and the scale gradually ranges on one side to those few who are very unhappy in marriage, and on the other, to those few who experience extreme joy or felicity in marriage.

Very UnHappy

Happy

Perfectly Happy

State the approximate extent of agreement or disagreement between you and your mate on the following items. Please check each column.

	Always Agree	Always Disagree	Occasionally Disagree	Frequently Disagree	Almost Always Disagree	Always Disagree
Handling Family Finances						
Matters of Recreation						
Demonstrations of Affection						
Friends						
Sex relations						
Conventionality (right, good, or proper conduct)						
Philosophy of Life						
Ways of dealing with in-laws						

- Check one:**
- When disagreements arise, they usually result in: (a) husband giving in, (b) wife giving in, (c) agreement by mutual give and take
- Do you and your mate engage in outside interests together? (a) All of them, (b) some of them, (c) very few of them, (d) none of them
- In leisure time do you generally prefer: (a) to be "on the go", (b) to stay at home
- Does your mate generally prefer: (a) to be "on the go", (b) to stay at home
- Do you ever wish you had not married? (a) Frequently, (b) occasionally, (c) rarely, (d) never
- If you had your life to live over again, do you think you would: (a) marry the same person, (b) marry a different person, (c) not marry at all
- Do you ever confide in your mate: (a) almost never, (b) rarely, (c) in most things, (d) in everything