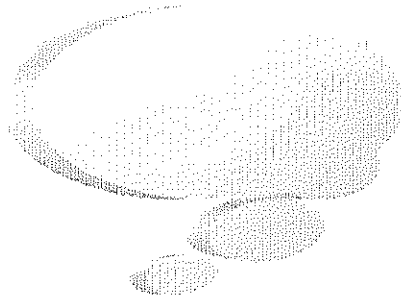


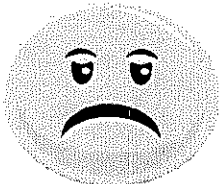
Day of week: \_\_\_\_\_

Event: (what happen) \_\_\_\_\_

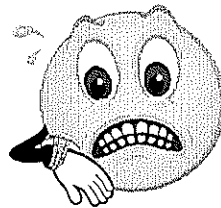
What did I think about that?



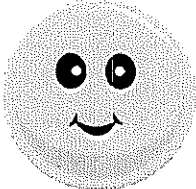
How did I feel? \_\_\_\_\_



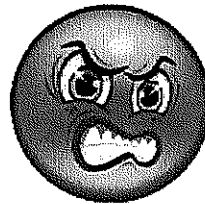
Sad



Worried



Happy



Angry