

Name: _____

Date: _____

Areas of Disagreement

Instructions. This form contains a list of topics that many couples disagree about. We would like to get some idea of how much you and your spouse disagree about each area. In the first column, please indicate how much you and your spouse disagree by placing a number from 0 to 100 next to each item. A zero indicates that you don't disagree at all, and a 100 indicates that you disagree very much.

In the second column, please write down the number of years, months, weeks, or days that this has been an area of disagreement

For example:

We disagree about...

How much?

How long?

Alcohol and Drugs

90

2 1/2 years

This indicates that alcohol and drugs is something you disagree about very much and that it has been a problem for about 2 1/2 years.

We disagree about

How much?

How long?

Money and Finances.....

Communication.....

In-laws and kin.....

Sex.....

Religion.....

Recreation and having fun.....

Friends.....

Alcohol and Drugs.....

Children.....

Jealousy.....

Life Style.....

Philosophy of Life.....

Basic Values.....

Our Goals.....

Emotional Expression.....

Issues of Power.....

Independence and Dependence.....

Household Chores and Childcare.....

Politics.....

Balancing Career and family.....

Handling Stresses.....

Please feel free to write down any other areas of disagreement:

Scoring: Total points is one score, "problem severity." Total length of time the three major issues have been a problem is "chronicity" score.