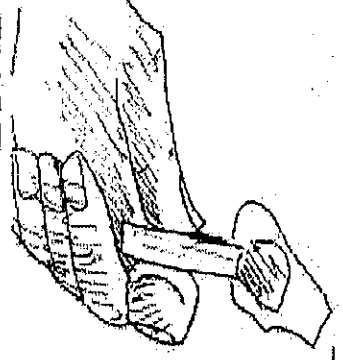


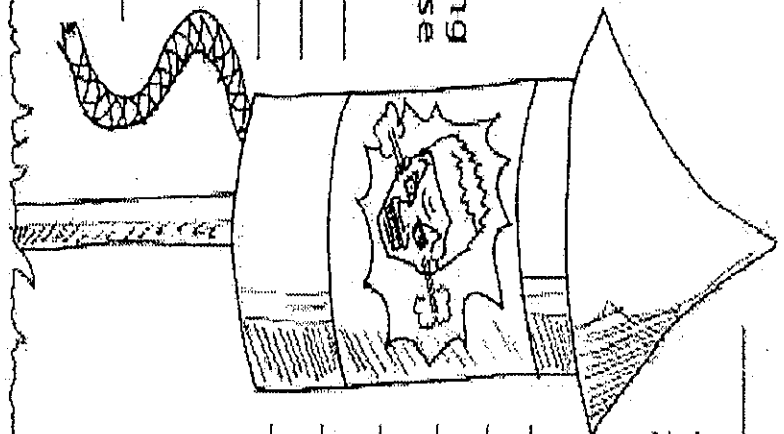
MATCHSTICK

My anger triggers are:



FUSE

When I am getting angry, I feel these changes:



WATER

When I am getting angry, I can calm down by:

